



### **Andy McCann: Speaker & Facilitator**

Andy is Managing Director of AMCAN Training one of Wales' leading corporate training and consultancy companies whose clients include businesses and individuals from the private and public sectors, and charities.

Andy is in wide demand as a speaker due to his inspirational, accessible style drawing from an expertise which includes over 20 years first hand experience of elite sport performance, education, health and business. This is supplemented with a personal story of a fight back from a serious brain injury aged 37 for which, out of over 900 nominations, he received a UK Award for Courage after a unanimous decision by the judges.

An advocate of organic leadership and practical positive psychology, his aim is to help develop management efficiency by increasing awareness of how to develop both creativity and human capital health, and so improve an organisation's bottom line. In addition, AMCAN Training's innovative 'Aim High and Enjoy the Climb™' programme has been delivered to hundred's of school leavers and job seekers across Wales.

Andy has been featured on TV, radio and in the local and national press. He is an internationally published author and in 2007 was nominated for the prestigious Glen Dimplex Writer's Award. Later the same year he was elected a Fellow of the Royal Society of Medicine, which is the Society's highest category of membership.

Continuing to write regularly, Andy has been commissioned to contribute articles for the Times (Ed) and is working on other book projects.

Andy is also Chair of the Cardiff & Vale NHS Trust ASSET Charity whose brief is to increase the quality of primary stroke patient care in the Trust.

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*"If there is one thing that I will remember about the rather busy conference it is Andy's talk."*  
Professor Lalit Kalra C, H Kings College London

*"A remarkable person"* Patti Simonson, Chair of the Brain Injury Group at The Royal Hospital for Neuro-Disability

*Thoroughly recommended."* Matt Harvey, Humorist and broadcaster

*"A knowledgeable and down to earth speaker who talks a great deal of common sense."* Marge Wyton Organiser, St Mellons Business Club, Cardiff County Council

*"Andy's advice was practical and realistic as well as being inspirational."* Anthony Griffin, Director, Griffin Mill Garages Ltd

*"The most entertaining and interesting of all the presentations."* Patrick Davies, DRPM, Office for Wales Performance

*Inspirational and informative!"* Dr Tig Calvert, Neuropsychologist